

ARTAS SESSION PLAN

Date: 6/6/10

Name: Myra Sanders

Client ID: 2853

Linkage Coordinator: Neil Andrews

Goal 1: Link to Medical Care

Objective 1: Attend medical appointment by fifth session.

No.	Activity	Related Strengths	Potential Barriers	Target Date	Person(s) Responsible	Progress
1	Discuss benefits of linking to medical care	Willing to link to medical care Takes action to protect the health of her unborn child	Fear of disclosure to husband Can't pay without husband finding out	By second session	Myra, Neil	Achieved
2	Discuss HIV care needs during pregnancy	Willing to link to medical care Takes action to protect the health of her unborn child	Fear of disclosure to husband Can't pay without husband finding out	By second session	Myra, Neil	Achieved
3	Identify potential medical providers	Willing to link to medical care Takes action to protect the health of her unborn child	Fear of disclosure to husband Can't pay without husband finding out	By third session	Myra, Neil	Achieved

No.	Activity	Related Strengths	Potential Barriers	Target Date	Person(s) Responsible	Progress
4	Make appointment with medical provider	<p>Willing to link to medical care</p> <p>Takes action to protect the health of her unborn child</p>	<p>Fear of disclosure to husband</p> <p>Can't pay without husband finding out</p>	By fourth session	Myra, Neil	Achieved
5	Attend appointment with medical provider	<p>Willing to link to medical care</p> <p>Takes action to protect the health of her unborn child</p>	<p>Fear of disclosure to husband</p> <p>Can't pay without husband finding out</p>	By fifth session	Myra, Neil	Achieved

Objective 2: Find insurance options for medication within three months.

No.	Activity	Related Strengths	Potential Barriers	Target Date	Person(s) Responsible	Progress
1	Identify potential insurance options	Willing to link to medical care Takes action to protect the health of her unborn child Ability to make healthcare decisions	Fear of disclosure to husband	By second session	Myra, Neil	Achieved
2	Apply for insurance options for which I am eligible	Willing to link to medical care Takes action to protect the health of her unborn child Ability to make healthcare decisions	Fear of disclosure to husband	By fourth session	Myra, Neil	Achieved

Goal 2: Disclose HIV-positive Status to Husband

Objective 1: Tell husband I'm HIV positive within three months.

No.	Activity	Related Strengths	Potential Barriers	Target Date	Person(s) Responsible	Progress
1	Discuss partner notification laws in state	Faithful to husband Able to make healthcare decisions	Fear of disclosure- fear he'll leave	By second session	Myra, Neil	Achieved
2	Discuss concerns about disclosure and potential solutions	Faithful to husband Able to identify potential solutions to problems	Fear of disclosure- fear he'll leave	By third session	Myra, Neil	Achieved
3	Role-play strategies for disclosing	Faithful to husband Able to identify potential solutions to problems	Fear of disclosure- fear he'll leave	By fourth session	Myra, Neil	Achieved
4	Disclose status to husband	Faithful to husband Able to identify potential solutions to problems	Fear of disclosure- fear he'll leave	By fifth session	Myra, Neil	No- will continue working on this with long-term counselor