

# STRENGTHS ASSESSMENT FORM

Linkage Coordinator's Copy

Client ID: 1409

LC's Name: Leila Munroe

Date: 9/30/10      Session Number: 5

Is this the first assessment completed for the client, or is it an amendment?

Updated

**1. What strengths, abilities, or skills did the client identify (either directly or indirectly)?**

a. Strengths:

- *Knowledgeable about HIV*
- *Desire to link to care*
- *Has supportive cousin*
- *Desire to find stable employment – not sex work*
- *Desire to continue working with a long-term counselor*

b. Skills:

- *Seeks assistance in meeting self-identified needs*

c. Abilities

- *Able to accomplish tasks of daily living*

d. Which items from the Life Domains List, if needed, prompted the client?

- *Internal resources*

**2. What examples did the client give about a time when s/he successfully faced barriers?**

a. What did s/he do to overcome the barriers?

*Sara talked about when she told her parents that she was transgender and wanted to undergo the medical transition to become a woman. Her parents did not approve and kicked her out, and she didn't know where to go or how she could get by. She got her courage to call her cousin, with whom she'd always been close, and hoped that her cousin would not react as her parents had. Her cousin offered her a place to stay and supported her during her transition.*

**3. What did the client explicitly say s/he was good at?**

*Sara noted that she was fairly knowledgeable about HIV, and is good at taking care of her needs. She has a good relationship with her cousin, who has been very supportive of her.*

**4. What did the client implicitly say s/he was good at? i.e. What did you hear him/her say?**

- a. Did the client agree with what you heard as something s/he is good at once you repeated it back?

*We discussed Sara's additional strengths, which include her desire to seek care, find stable housing, and find stable employment other than sex work. Sara is skilled at identifying her needs and getting help in meeting them, such as wanting to work with a long-term counselor, though she mentioned that she didn't think getting help with personal needs was really that special.*

**5. What example(s) did the client give about a time/experience when s/he felt like most things were going well in his/her life? What was s/he doing to make them go well?**

*Sara was about to overcome being kicked out of her house and rejected by her parents, She works several jobs and is eager to get out of the sex trade.*

# STRENGTHS ASSESSMENT FORM

Client's Copy

Date: 9/30/10

Session Number: 5

New Assessment or Updated Assessment? (Underline one)

## 1. My strengths, abilities, or skill identified:

### a. Strengths:

- Knowledgeable about HIV
- Desire to link to care
- Has supportive cousin
- Desire to find stable employment – not sex work
- Desire to continue working with a long-term counselor

### b. Skills:

- Seeks assistance in meeting self-identified needs

### c. Abilities:

- Able to accomplish tasks of daily living

### d. Items from the Life Domains List:

- Internal resources

## 2. Examples I gave about a time(s) that I successfully faced barrier(s) in my life:

### a. Examples of barrier(s):

### b. Things I did to overcome the barrier(s):

*I talked about when my parents kicked me out because I told them that I was transgender and wanted to undergo the medical transition to become a woman. I didn't know where to go or how to get by. I got up the courage to call my cousin, with whom I was always close, and hoped that she wouldn't react as my parents had. My cousin offered me a place to stay and supported me during my transition.*

## 3. Things I'm good at:

*I know a lot of about HIV, and am good at taking care of my needs. I have a good relationship with my cousin, who has been really supportive. I also have a desire to seek care, find stable housing, and find stable employment. Leila said I am good at identifying my needs and getting help in meeting them, which is true, but I don't think that's all that special.*

## 4. Example(s) of when I felt like most things in my life were going well:

### a. Things I did to make them go well:

*I know a lot about HIV, and am good at taking care of my needs.*