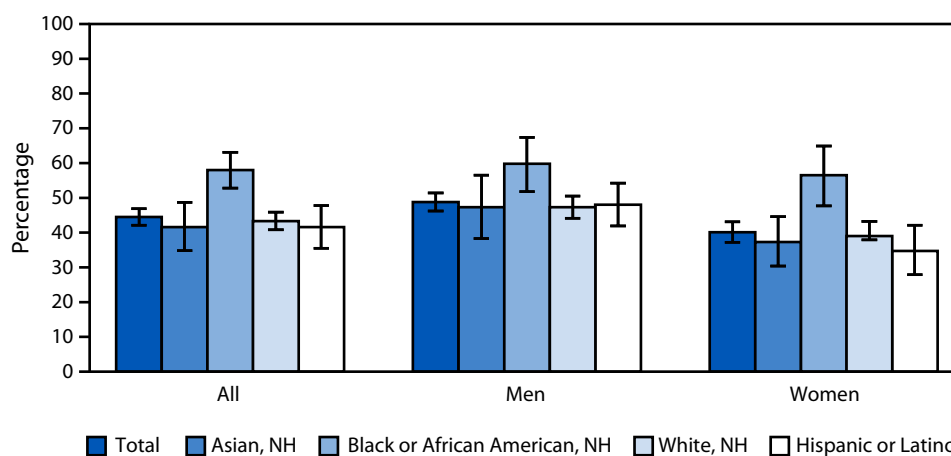


## QuickStats

FROM THE NATIONAL CENTER FOR HEALTH STATISTICS

## Age-Adjusted Percentage\* of Adults Aged $\geq 18$ Years with Hypertension,<sup>†</sup> by Sex and Race and Ethnicity — United States, August 2021–August 2023



**Abbreviation:** NH = non-Hispanic.

\* Age-adjusted percentages are based on the 2000 U.S. Census Bureau standard population, using age groups 18–39, 40–59, and  $\geq 60$  years, with 95% CIs indicated by error bars.

<sup>†</sup> Hypertension is defined as systolic blood pressure  $\geq 130$  mm Hg or diastolic blood pressure  $\geq 80$  mm Hg, or currently taking medication to lower blood pressure.

During August 2021–August 2023, the age-adjusted percentage of adults with hypertension was 44.5% and was highest among non-Hispanic Black or African American (Black) adults (58.0%). Hypertension was also highest for Black adults among both men and women. In addition, hypertension was higher among non-Hispanic Asian, non-Hispanic White, and Hispanic or Latino men compared with women.

**Supplementary Table:** <https://stacks.cdc.gov/view/cdc/170362>

**Source:** National Center for Health Statistics, National Health and Nutrition Examination Survey, August 2021–August 2023. <https://www.cdc.gov/nchs/nhanes/index.htm>

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For more information on this topic, CDC recommends the following link: <https://www.cdc.gov/high-blood-pressure/about/index.html>