

Data Brief 375. Fast Food Intake Among Children and Adolescents in the United States, 2015–2018

Data table for Figure 1. Percentage of children and adolescents aged 2–19 years who consumed fast food on a given day, by percentage of daily calories consumed: United States, 2015–2018

Fast food consumption	Percent (standard error)
No fast food consumed	63.7 (1.2)
Less than 25% of calories from fast food	11.1 (0.8)
25%–45% of calories from fast food	13.8 (0.9)
Over 45% of calories from fast food	11.4 (0.6)

SOURCE: National Center for Health Statistics, National Health and Nutrition Examination Survey, 2015–2018.

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Data table for Figure 2. Mean percentage of calories from fast food on a given day among children and adolescents aged 2–19 years, by sex and age: United States, 2015–2018

Age group	Total	Boys	Girls
	Percent (standard error)		
2–19	13.8 (0.6)	12.7 (0.7)	14.9 (0.9)
2–11	11.4 (0.7)	10.9 (0.7)	12.0 (1.0)
12–19	16.7 (0.9)	14.9 (1.3)	18.5 (1.0)

SOURCE: National Center for Health Statistics, National Health and Nutrition Examination Survey, 2015–2018.

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Data table for Figure 3. Mean percentage of calories from fast food on a given day among children and adolescents aged 2–19 years, by race and Hispanic origin and age: United States, 2015–2018

Age group	Non-Hispanic white	Non-Hispanic black	Hispanic
	Percent (standard error)		
2–19	12.9 (0.8)	16.9 (0.8)	14.8 (1.0)
2–11	11.5 (0.9)	12.9 (1.0)	11.8 (1.0)
12–19	14.8 (1.3)	21.5 (1.3)	18.5 (1.2)

SOURCE: National Center for Health Statistics, National Health and Nutrition Examination Survey, 2015–2018.

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Data table for Figure 4. Trends in mean percentage of calories from fast food on a given day among children and adolescents aged 2–19 years: United States, 2003–2004 through 2017–2018

Survey years	2–19	2–11	12–19
	Percent (standard error)		
2003–2004	14.1 (0.8)	12.1 (1.1)	16.4 (0.8)
2005–2006	13.3 (0.7)	9.9 (0.7)	17.2 (1.3)
2007–2008	12.1 (0.7)	9.8 (1.1)	14.8 (0.7)
2009–2010	10.6 (0.6)	8.5 (0.6)	13.1 (0.8)
2011–2012	12.4 (0.9)	8.7 (0.7)	16.9 (1.4)
2013–2014	13.7 (0.6)	11.3 (0.8)	16.4 (0.8)
2015–2016	13.1 (0.5)	11.4 (0.8)	15.3 (0.8)
2017–2018	14.4 (1.1)	11.5 (1.1)	18.0 (1.5)

SOURCE: National Center for Health Statistics, National Health and Nutrition Examination Survey, 2003–2018.