Data table for Figure 1. Contribution of beverage types to total nonalcoholic beverage consumption among adults aged 20 and over: United States, 2015–2018

Beverage type	Percent (standard error)
Water	51.2 (0.7)
Coffee	14.9 (0.4)
Sweetened beverages	10.2 (0.4)
Tea	8.7 (0.4)
Fruit beverages	5.6 (0.2)
Milk	5.5 (0.2)
Diet beverages	3.8 (0.2)

NOTE: Percentages are based on total grams of reported nonalcoholic beverage intake and may not sum to 100 due to rounding.

SOURCE: National Center for Health Statistics, National Health and Nutrition Examination Survey, 2015–2018.

Data table for Figure 2. Contribution of beverage types to total nonalcoholic beverage consumption among adults aged 20 and over, by sex: United States, 2015–2018

Beverage type	Men	Women
	Percent (standard error)	
Diet beverages	4.2 (0.4)	3.5 (0.3)
Milk	5.8 (0.2)	5.2 (0.3)
Fruit beverages	6.1 (0.3)	5.2 (0.2)
Tea	7.8 (0.4)	9.6 (0.5)
Sweetened beverages	11.8 (0.6)	8.7 (0.4)
Coffee	16.0 (0.5)	13.9 (0.4)
Water	48.2 (0.8)	54.0 (0.9)

NOTE: Percentages are based on total grams of reported nonalcoholic beverage intake and may not sum to 100 due to rounding.

SOURCE: National Center for Health Statistics, National Health and Nutrition Examination Survey, 2015–2018.

Data table for Figure 3. Contribution of beverage types to total nonalcoholic beverage consumption among adults aged 20 and over, by age: United States, 2015–2018

Beverage type	Age group (years)		
	20–39	40–59	60 and over
	Percent (standard error)		
Diet beverages	2.6 (0.3)	4.4 (0.4)	4.9 (0.4)
Milk	5.0 (0.3)	5.2 (0.4)	6.4 (0.3)
Fruit beverages	6.5 (0.4)	5.1 (0.3)	5.2 (0.3)
Tea	6.7 (0.6)	9.6 (0.5)	10.3 (0.7)
Sweetened beverages	13.5 (0.8)	10.4 (0.5)	5.9 (0.4)
Coffee	9.2 (0.5)	16.1 (0.6)	20.5 (0.6)
Water	56.5 (1.1)	49.3 (0.9)	46.9 (1.1)

NOTE: Percentages are based on total grams of reported nonalcoholic beverage intake and may not sum to 100 due to rounding.

SOURCE: National Center for Health Statistics, National Health and Nutrition Examination Survey, 2015–2018.

Data table for Figure 4. Contribution of beverage types to total nonalcoholic beverage consumption among adults aged 20 and over, by race and Hispanic origin: United States, 2015–2018

Beverage type	Non-Hispanic white	Non-Hispanic black	Non-Hispanic Asian	Hispanic
	Percent (standard error)			
Diet beverages	4.9 (0.4)	1.8 (0.3)	1.3 (0.2)	2.0 (0.2)
Milk	5.7 (0.3)	4.5 (0.3)	5.9 (0.4)	5.3 (0.4)
Fruit beverages	3.9 (0.2)	13.0 (0.7)	5.3 (0.4)	7.8 (0.4)
Tea	9.3 (0.5)	7.1 (0.5)	13.6 (1.2)	5.5 (0.4)
Sweetened beverages	9.0 (0.5)	14.5 (0.9)	4.4 (0.7)	14.3 (0.7)
Coffee	17.3 (0.6)	7.3 (0.3)	8.9 (0.6)	12.6 (0.5)
Water	50.0 (0.9)	51.9 (1.5)	60.7 (1.3)	52.4 (1.1)

NOTE: Percentages are based on total grams of reported nonalcoholic beverage intake and may not sum to 100 due to rounding.

SOURCE: National Center for Health Statistics, National Health and Nutrition Examination Survey, 2015–2018.