The 10 Essential Public Health Services
An Overview

Office for State, Tribal, Local and Territorial Support
Centers for Disease Control and Prevention
March 2014

Objectives

- ❑ **Describe the 10 Essential Public Health Services**

- ❑ **Review the history of the development of the 10 Essential Public Health Services**

- ❑ **Show the use of the 10 Essential Public Health Services as a framework for public health initiatives**

Core Functions of Public Health Steering Committee: "Public Health in America"

- ❑ **Core Functions of Public Health**
  - ▪ Assessment
  - ▪ Policy development
  - ▪ Assurance

- ❑ **Purpose of Public Health**
  - ▪ Prevent epidemics and spread of disease
  - ▪ Protect against environmental hazards
  - ▪ Prevent injuries
  - ▪ Promote and encourage healthy behaviors
  - ▪ Respond to disasters and assist communities in recovery
  - ▪ Assure the quality and accessibility of services

http://iom.edu/Reports/1988/The-Future-of-Public-Health.aspx
http://www.health.gov/phfunctions/public.htm

The 10 Essential Public Health Services

1. **Monitor health status** to identify and solve community health problems

2. **Diagnose and investigate** health problems and health hazards in the community

3. **Inform, educate, and empower** people about health issues

4. **Mobilize community partnerships** to identify and solve health problems

5. **Develop policies and plans** that support individual and community health efforts

The 10 Essential Public Health Services (cont'd.)

6. **Enforce laws and regulations** that protect health and ensure safety

7. **Link people to needed personal health services** and assure the provision of health **care** when otherwise unavailable

8. **Assure a competent** public and personal healthcare **workforce**

9. **Evaluate** effectiveness, accessibility, and quality of personal and population-based health services

10. **Research** for new insights and innovative solutions to health problems

Essential Public Health Services

The 10 Essential Services as a Framework

❑ **Provide a foundation for any public health activity**

❑ **Describe public health at the state, tribal, local, and territorial levels**

❑ **Used as a foundation for the National Public Health Performance Standards (NPHPS)**

  ▪ NPHPS provides a description of the essential service at an optimal level that public health systems can use to assess their performance

❑ **Provided structure for national voluntary public health accreditation**

http://www.cdc.gov/nphpsp/
http://www.phaboard.org/accreditation-overview/what-is-accreditation/
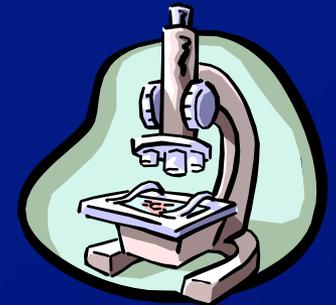
Essential Service (ES) 1 – Monitor Health to Identify and Solve Community Health Problems

- **Accurate, periodic assessment of the community's health status**
  - Identification of health risks
  - Attention to vital statistics and disparities
  - Identification of assets and resources

- **Use of methods and technology (e.g., mapping technology) to interpret and communicate data**
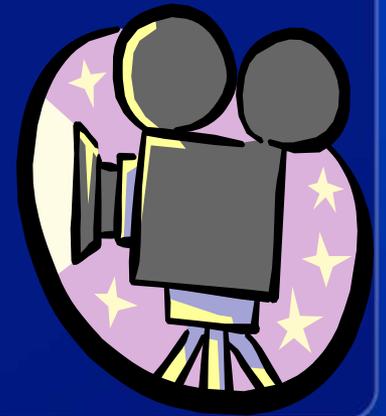
- **Maintenance of population health registries**

ES 2 – Diagnose and Investigate Health Problems and Hazards in the Community

- **Timely identification and investigation of health threats**

- **Availability of diagnostic services, including laboratory capacity**

- **Response plans to address major health threats**

ES 3 – Inform, Educate, and Empower People About Health Issues

- **Initiatives using health education and communication sciences to**
  - Build knowledge and shape attitudes
  - Inform decision-making choices
  - Develop skills and behaviors for healthy living

- **Health education and health promotion partnerships within the community to support healthy living**

- **Media advocacy and social marketing**

ES 4 – Mobilize Community Partnerships to Identify and Solve Health Problems

- **Constituency development**

- **Identification of system partners and stakeholders**

- **Coalition development**

- **Formal and informal partnerships to promote health improvement**

ES 5 – Develop Policies and Plans That Support Individual and Community Health Efforts

- **Policy development to protect health and guide public health practice**

- **Community and state improvement planning**

- **Emergency response planning**

- **Alignment of resources to assure successful planning**

ES 6 – Enforce Laws and Regulations That Protect Health and Ensure Safety

- **Review, evaluation, and revision of legal authority, laws, and regulations**

- **Education about laws and regulations**

- **Advocating for regulations needed to protect and promote health**
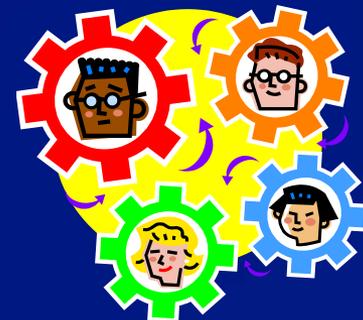
- **Support of compliance efforts and enforcement as needed**

ES 7 – Link People to Needed Personal Health Services and Assure the Provision of Health Care When Otherwise Unavailable

- **Identification of populations with barriers to care**

- **Effective entry into a coordinated system of clinical care**

- **Ongoing care management**

- **Culturally appropriate and targeted health information for at risk population groups**

- **Transportation and other enabling services**

ES 8 – Assure a Competent Public and Personal Healthcare Workforce

- **Assessing the public health and personal health workforce**

- **Maintaining public health workforce standards**
  - Efficient processes for licensing /credentialing requirements
  - Use of public health competencies

- **Continuing education and life-long learning**
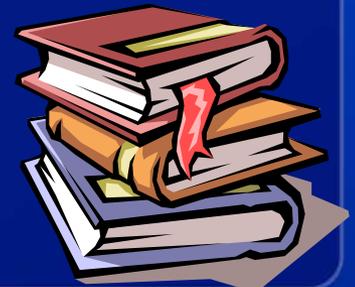 - Leadership development
  - Cultural competence

ES 9 – Evaluate Effectiveness, Accessibility, and Quality of Personal and Population-Based Health Services

- **Evaluation must be ongoing and should examine:**
  - Personal health services
  - Population based services
  - The public health system

- **Quality Improvement**

- **Performance Management**

ES 10 – Research for New Insights and Innovative Solutions to Health Problems

- **Identification and monitoring of innovative solutions and cutting-edge research to advance public health**

- **Linkages between public health practice and academic/research settings**

- **Epidemiological studies, health policy analyses and public health systems research**

For More Information

- 10 Essential Public Health Services and the Public Health in America Statement
  www.health.gov/phfunctions/public.htm
- Mobilizing for Action through Planning and Partnerships
  www.naccho.org/topics/infrastructure/mapp/index.cfm
- National Public Health Performance Standards
  www.cdc.gov/nphpsp
- Public Health Accreditation Board
  www.phaboard.org

For more information, please contact CDC's Office for State, Tribal, Local and Territorial Support

4770 Buford Highway NE, Mailstop E-70, Atlanta, GA 30341

Telephone: 1-800-CDC-INFO (232-4636)/TTY: 1-888-232-6348

E-mail: OSTLTSfeedback@cdc.gov   Web: http://www.cdc.gov/stltpublichealth